



# Richards Middle School Daily Lunch Specials June 2019

3

**H**-Mozzarella Cheese Sticks & Marinara Sauce  
**P**-Meat Lover's Pizza  
**G**-Chicken Patty Ciabatta Sandwich  
**Sal**-Beef Nacho Salad  
**Sand**-Southwest Chicken Wrap

4

**H**-Sweet & Sour Chicken with Rice  
**P**-Mexican Pizza  
**G**-Hamburger with Red Pepper Spread  
**Sal**-Cheesy Romaine Salad  
**Sand**-Chicken Ham Flatbread Sandwich

5

**H**-Breakfast Burrito & Hash Brown Patty  
**P**-BBQ Chicken Pizza  
**G**-Parmesan Ranch Cheeseburger  
**Sal**-Diced Chicken Salad  
**Sand**-Chicken Ham & Cheese Sub

6

**H**-Italian Three Meat Calzone  
**P**-Cheesy White Pizza  
**G**-Southwest Grilled Chicken Sandwich  
**Sal**-Winter Fruit Plate  
**Sand**-Diced Chicken Wrap

7

**H**-Spaghetti Carbonara & Breadstick  
**P**-Hawaiian Pizza  
**G**-Diced Chicken & Cheese Melt  
**Sal**-Popcorn Chicken Salad  
**Sand**-Egg Salad Sandwich

10

**H**-Chicken Drumstick & Corn Muffin  
**P**-White Sausage Pizza  
**G**-Sriracha Crunch Cheeseburger  
**Sal**-Egg Chef Salad  
**Sand**-Chicken Ham Sandwich

11

**H**-Chicken Parmesan & Spaghetti  
**P**-Pico de Gallo Pizza  
**G**-Turkey & Cheese Melt  
**Sal**-Tuna Salad Platter  
**Sand**-Asian Chicken Wrap

12

**H**-Chili & Cheese Baked Potato  
**P**-Cheeseburger Pizza  
**G**-Meatball Sub  
**Sal**-Buffalo Chicken Salad  
**Sand**-Black Bean & Cheese Bagel

13

**H**-French Toast Sticks & Turkey Sausage  
**P**-BBQ Sriracha Pizza  
**G**-Cheeseburger Meatloaf Sandwich  
**Sal**-Chicken Salad Platter  
**Sand**-Turkey Sub

14

**No Lunch  
Half Day**

17

**No School  
Summer Vacation**

18

**No School  
Summer Vacation**

19

**No School  
Summer Vacation**

20

**No School  
Summer Vacation**

21

**No School  
Summer Vacation**

24

**No School  
Summer Vacation**

25

**No School  
Summer Vacation**

26

**No School  
Summer Vacation**

27

**No School  
Summer Vacation**

28

**No School  
Summer Vacation**

### MENU KEY for Featured Items

(items offered daily listed below)

**H = Homestyle**

**P = Pizza**

**G = Grill**

**Sal = Salad**

**SDW = Sandwich**

### ATTENTION:

Fraser Public Schools will be hosting a Summer Feeding Program at Fraser High School, Twain Elementary & McKinley Park. See the district website for additional information including dates & times.

### Daily Items:

**Pizza**- Cheese or Pepperoni Pizza

**Grill**- Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich, Chicken Tenders, Veggie Burger

**Create Your Own Mexican Style Entrée**

**Fruit and Veggie Bar**

**Friday Only- Make your own Sub Bar**

You Can Apply for Free/Reduced meals at

[www.lunchapp.com](http://www.lunchapp.com)

Put money on your student's account for free! @

[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

Full Lunch includes Entrée, Fruit, Veggie and Milk  
Full lunch price is \$2.85 for paid students and \$0.40 for reduced students.