



# Fraser Elementary Breakfast Menu

January 2019

**Parents:**

*Please submit the Meal Order form with payment, by Thursday, December 20<sup>th</sup>. All forms & menus are available online.*

1

**No School Winter Break**

2

**No School Winter Break**

3

**No School Winter Break**

4

**No School Winter Break**

7

Cereal & Crackers  
Fruit  
100 % Fruit Juice  
Milk

8

Oatmeal BeneFIT Bar  
Fruit  
100% Fruit Juice  
Milk

9

Plain Bagel & Cream Cheese  
Fruit  
100% Fruit Juice  
Milk

10

Nutri-Grain Bar & Crackers  
Fruit  
100% Fruit Juice  
Milk

11

Crunch Mania  
Fruit  
100% Fruit Juice  
Milk

14

Cereal Bar & Crackers  
Fruit  
100% Fruit Juice  
Milk

15

Glazed Donut  
Fruit  
100% Fruit Juice  
Milk

16

Mini French Toast  
Fruit  
100% Fruit Juice  
Milk

17

Mini Cream Cheese Bagels  
Fruit  
100% Fruit Juice  
Milk

18

Chocolate Chip Breakfast Round  
Fruit  
100% Fruit Juice  
Milk

21

**No School**

22

Blueberry Muffin & String Cheese  
Fruit  
100% Fruit Juice  
Milk

23

Cinnamon Breakfast Round  
Fruit  
100% Fruit Juice  
Milk

24

Yogurt Cup & Crackers  
Fruit  
100% Fruit Juice  
Milk

25

Apple Frudel  
Fruit  
100% Fruit Juice  
Milk

28

Cereal Bar & Animal Crackers  
Fruit  
100% Fruit Juice  
Milk

29

Mini Cinnis  
Fruit  
100% Fruit Juice  
Milk

30

PopTart & Cheese Cubes  
Fruit  
100% Fruit Juice  
Milk

31

Mini Pancakes  
Fruit  
100% Fruit Juice  
Milk

**Breakfast Prices**  
Paid- \$1.35  
Reduced-\$0.30  
Milk-\$0.50

You Can Apply for Free/Reduced meals at [www.lunchapp.com](http://www.lunchapp.com)

Put money on your student's account for free! @ [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

**PLEASE READ:**

**All students must turn in a meal order sheet to receive breakfast or lunch. If you do not turn in an order form and a meal is not sent from home you will receive an alternate meal.**